

## **4 MDG Guidance on Utilization of Medical Services**

Medical conditions can often impact the mission. This guideline may help with making appropriate decisions when faced with a sick or injured troop. This is not intended to replace individual judgment.

---

### **Duties**

Member is ill or injured and unable to perform duties



AFI 41-210

4.14.6. Unit Commanders and supervisors have the authority to grant up to 24 hours sick status at their discretion if a member's illness/injury does not require MTF intervention. If the illness/injury persists beyond 24 hours, then the Commander or supervisor must refer the member to the MTF for treatment and subsequent clinical examination.

---

### **Fitness**

Member is unable to perform the PT test



Member has an ongoing or worsening condition



Medical evaluation is warranted



Member has a temporary condition that should resolve if given some time



Reschedule the test

Member is unable to participate in unit fitness activities

- Have several alternate work-out routines – managed by PTL/delegates, consult Exercise Physiologist.
- Tracking and monitoring progression is the key to a good program.
- Supervisors/PTL's do not need to send members to the clinic due to inability to perform an activity.
- If member is unable to perform unit fitness activities or alternate activities for more than a week consider a medical evaluation.
- Profiles are not given due to member's lack of training for a component.
- Do not over-train to the point of injury. i.e. decrease run to 1.5 miles if 4 miles causes problems.